

STEPS TO ASK YOURSELF BEFORE CALLING THE POLICE

START HERE

IS THIS MERELY AN INCONVENIENCE TO ME?
CAN I PUT UP WITH THIS AND BE OKAY?

YES, I CAN DEAL.

NO, I NEED TO RESPOND.

CAN I HANDLE THIS ON MY OWN? IS THIS SOMETHING I COULD TRY TO TALK-OUT WITH THE PERSON?

YES, I CAN TALK IT OUT.

NO, I NEED BACKUP.

IS THERE A FRIEND, NEIGHBOR, OR SOMEONE WHOM I COULD CALL TO HELP ME?

YES, I CAN CALL A FRIEND TO HELP.

NO, I NEED A PROFESSIONAL.

COULD WE USE MEDIATION TO TALK THROUGH WHAT HAPPENED OR COULD I CALL AN EMERGENCY RESPONSE HOTLINE?

YES.

NO.

PROFESSIONAL RESOURCES

MEDIATION

The Conflict Center
(303)433-4983, conflictcenter.org

RUNAWAY & HOMELESS YOUTH

Urban Peak
(303)974-2900, urbanpeak.org

MENTAL HEALTH

Colorado Crisis & Support Line
(844)493-8255 metrocrisiservices.org

VICTIM SUPPORT

The Center for Trauma & Resilience
(303)894-8000, traumahealth.org

SEXUAL ASSAULT

The Blue Bench
(303)322-7273 [24 hour hotline]

SEVERE HEAT OR COLD

Colorado 211
Dial 211 (M-F, 8-5)
211colorado.communityqos.org/zf/taxonomy/detail/id/114223

MY COMMUNITY AND I HANDLED THIS SITUATION!

IF I CALL THE POLICE, DO I UNDERSTAND HOW INVOLVING THE POLICE COULD IMPACT ME AND THE OTHER PERSON?

BIT.LY/SAFETYBEYONDPOLICE

FOR MORE INFORMATION

TINYURL.COM/ALTERNATIVESTOCOPS



Showing Up for Racial Justice- SURJ Denver

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